

Exclusive! Interview with 'The Hangover' Trilogy Actress, Sondra Currie

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Sondra Currie is best known for her role as Linda Garner (Zach Galifianakis' mom) in *The Hangover* trilogy and is currently playing Miss Vivian (Hattie Mae's rival) on the hit OWN/Tyler Perry series *Love Thy Neighbor*.

She talked with *How to be a Redhead* about living life as a natural redhead, her time on set for *The Hangover* trilogies and her many beauty secrets.

H2BAR: What was your favorite part about working with *The Hangover* cast, Bradley Cooper, Ed Helms, Zach Galifianakis?

SC: We are a family. Zach is a redhead! Bradley Cooper is very kind and very focused, his success has never got to his head. Todd Phillips, the producer, will let Zach rip on certain things so creativity and tremendous things happen. The guys are pals when you hang out with them and they include you in everything. I feel very lucky and blessed to have worked with such a great team of people.

H2BAR: Do you think there will be *Hangover 4*?

SC: I am not sure. But, I do have some fun plot ideas for a "Hangover 4." Jeffrey Jones is a redhead and would be the perfect stepdad for Zach!

H2BAR: Why do you love being a redhead?

SC: I was born a natural redhead and feel empowered by my hair color. I am unique and can inspire others to love their red hair too. Being a redhead is just like an ethnicity and bullying can occur, especially during the younger years. I always reminded myself that with many challenges come many gifts. Once you get older, you grow into your look and blossom. "Your hair is your shining glory," my mother use to tell me.

H2BAR: You look so fabulous, how do u stay looking so young?

SC: I take care of myself. I take care of my skin and have a trainer. I am good to myself. I eat good foods, never smoked. My advice is to eat right, do your workouts and be kind.

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H2BAR: What are your top beauty secrets?

SC: Take care of your skin! My grandmother, who I got my red hair from, taught me about a great face mask. Just use egg whites and leave on skin for 15-30 minutes. And, apply cucumbers for the eyes. Make sure to get regular facials, stay out of the sun and see a dermatologist regularly to check on freckles.

And, take care of your red hair! My hair hasn't changed since I was born. I use a color depositing shampoo to give it life.

H2BAR: What summer product can you not live without?

SC: Sunscreen!

H2BAR: You're involved with SHARE, a charity devoted to helping abused, developmentally disabled and mentally challenged children, and children with HIV and AIDS. Tell us more about it.

SC: This is a place where I might really be able to make a difference. I see it first hand. The children are so receptive, and it's such a positive experience. It helps me keep everything else in perspective. My life is very rich.

H2BAR: if you could give advice to young girls who are going into the acting field, what would it be?

SC: Studying is the most important thing that you can do. Make sure you know your craft and pay attention to everything around you. Fine tune your instrument -- YOU! Get into it for the right reasons because you have to really love it. And, if you feel passionate about it, never give up. It will happen.